

Dr. Norman's Myrtle Beach Diet SUPPLEMENT MENU

Life Extension Product	Dosage	Description	Qty.	Price
Acetyl-L-Carnitine Arginate	300 mg Acetyl-L-Carnitine Hydrochloride 320 mg Acetyl-L-Carnitine Arginate Dihydrochloride	<i>Advanced Cognitive Catalyst</i>	#100	\$59⁹⁵
Anti-Alcohol Antioxidants	With Hepatoprotein Complex	<i>Helps Maintain Healthy Liver Function</i>	#100	\$18⁰⁰
Ashwagandha Extract	125 mg	<i>Enhances Mental Energy & Concentration</i>	#60	\$10⁵⁰
Astaxanthin	2 mg	<i>Antioxidant Carotenoid; protects cells from oxidative stress, enhances ocular health & improves memory</i>	#30	\$10²⁵
Enhanced Berry Complete	w/RZD™ Acai	<i>High-ORAC Complex</i>	#60	\$29⁰⁰
Bone Restore	1200 mg Calcium, 1000 IU Vit. D3 340 mg Magnesium 3 mg Boron, 2 mg Zinc 1 mg Manganese, 5 mg Silicon	<i>Superior Calcium Formula</i>	#150	\$22⁵⁰
Breast Health Formula	See Bottle	<i>Helps Maintain Optimal Breast Health</i>	#60	\$34⁰⁰
Chole Rx	Dietary Supplement featuring Magnisol™	<i>Promotes Healthy Lipid Metabolism</i>	#60	\$24⁹⁵
Chromium Polynicotinate	200 mcg	<i>Advanced Chromium Complex</i>	#365	\$28⁰⁰
Complete B-Complex	All B Vitamins	<i>Provides Balanced Amounts of all B Vitamins</i>	#180	\$24⁹⁵
CR Mimetic Longevity Formula	See Bottle	<i>Supports Healthy Metabolic Function</i>	#60	\$36
D-Ribose Tablets	D-Ribose	<i>Helps Maintain Healthy Energy Levels in Heart & Muscle</i>	#100	\$28⁰⁰
D-Ribose Powder	D-Ribose	<i>Helps Maintain Healthy Energy Levels in Heart & Muscle</i>	150 g	\$24⁹⁵
DHEA	25mg	<i>Promotes Optimal Hormone Levels</i>	#100	\$12⁰⁰
DHEA Complete	100 mg 7-Keto®DHEA 25 mg DHEA	<i>Promotes optimal Hormone Levels & Weight Management</i>	#60	\$48⁰⁰
DMAE Bitartrate	150 mg	<i>Stimulates Cognitive Function</i>	#200	\$14⁹⁵
Dual-Action Cruciferous Vegetable Extract w/ Cat's Claw	400 mg Broccoli Super Conc. Extract 100 mg Watercress 50 mg Rosemary, 50 mg Cat's Claw	<i>For Cellular Protection & Optimal Hormone Balance</i>	#60	\$48⁰⁰
European Leg Solution	Diosmin 95 600 mg	<i>Supports Healthy Circulation & Youthful Appearance of the Legs</i>	#30	\$20⁰⁰
Fast-Acting Joint Formula	40 mg Hyaluronic Acid 200 mg Decursinol 300 mg Solubilized Keratin	<i>One-per-day Joint Support</i>	#30	\$39⁰⁰
Advanced Fernblock® with Sendara	See Bottle	<i>Skin Resilience Formula</i>	#30	\$39⁰⁰
GABA Powder	See Bottle	<i>Promotes a Relaxed State</i>	100 g	\$23⁷⁵
Iodoral	See Bottle	<i>High Potency Iodine/Potassium Iodide Supplement</i>	#180	\$50⁰⁰
Life Extension Mix™ Caps	See bottle	<i>State-of-the-Art Multi-Nutrient Formula</i>	#100	\$22⁰⁰
Life Extension Mix™ Caps	See bottle	<i>State-of-the-Art Multi-Nutrient Formula</i>	#490	\$110⁰⁰
L-Theanine	100 mg	<i>Promotes a Calming & Mood-Enhancing Effect</i>	#60	\$24⁰⁰
N-Acetyl Cysteine	600 mg	<i>Boosts Cellular Glutathione Levels</i>	#60	\$14⁰⁰
Natural Sleep Melatonin	3 mg	<i>For Natural Sleep</i>	#60	\$8⁰⁰
Optimized Resveratrol	250 mg	<i>Full-Spectrum Trans-Resveratrol Formula</i>	#60	\$46⁰⁰
Policosanol	10 mg	<i>Maintains Healthy Cholesterol Already within Normal Range</i>	#60	\$24

Rhodiola Extract	250 mg	<i>Promotes Cellular & Physical Energy</i>	#60	\$11⁷⁵
Super Booster Softgels w/ Advanced K2 Complex	See bottle	<i>One-per-day Multinutrient Booster</i>	#60	\$42⁰⁰
Super CLA Blend	1000 mg	<i>Helps Maintain Optimum Weight</i>	#120	\$36⁰⁰
Super Curcumin with Bioperine®	800 mg	<i>Supports Cardiovascular Health</i>	#60	\$20⁷⁵
Super Omega-3 EPA/DHA with Sesame Lignans & Olive Fruit Extract	2000 mg Fish Oil 700 mg EPA, 500 mg DHA 300 mg Olive Fruit Extract	<i>Promotes a Healthy Heart</i>	#120	\$26⁹⁵
Super R-Lipoic Acid	300 mg	<i>Bio-Enhanced Active Form of Lipoic Acid</i>	#60	\$49⁰⁰
Super Ubiquinol CoQ10	100 mg	<i>Enhanced Delivery System for Maximum Absorption</i>	#60	\$62⁰⁰
Super Zeaxanthin	See Bottle	<i>Protects Ocular Functions</i>	#60	\$42⁰⁰
Two-Per-Day Tabs	See bottle	<i>High Potency Multivitamin & Mineral Supplement</i>	#120	\$18⁹⁵
Vitamin B3 Niacin	500 mg	<i>Promotes Cardiovascular Health</i>	#100	\$7⁶⁵
Vitamin D3	5,000 IU	<i>High Potency Vitamin D Formula</i>	#60	\$11⁰⁰
Vitamin D3 w/Sea Iodide	5,000 IU	<i>High Potency Vitamin D Formula with Iodine Rice Sea Plant Extracts</i>	#60	\$14⁰⁰
Vitamin D3 Drops	2,000 IU	<i>Bio-D-Mulsion Forte Sublingual Drops</i>	1 fl oz	\$20

Vaxa	Description	Qty.	Price	OTHER	Description	Qty.	Price
Adapt Adaptogen Extract	<i>Helps Lower Cortisol Levels During Times of Stress</i>	60 mL	\$29⁹⁵	No-Phed	<i>Diet Ephedrine Free Advanced Energy Formula & Rapid Fat Loss Catalyst</i>	#90	\$27⁰⁰
Aller-Sine	<i>For Allergy Relief</i>	#60	\$29⁹⁵	Bellaseni	<i>Breast Enhancement Formula</i>	#90	\$22⁰⁰
Attend	<i>Support for Attention Difficulties</i>	#60	\$38⁹⁵	CLA	<i>Boosts Body Fat Loss</i>	#180	\$22⁰⁰
Colon-Aid	<i>For Cleansing & Regulating the Lower G.I. Tract</i>	#120	\$29⁹⁵	Lipo-B Injectable	<i>Vitamin C, Vitamins B1, B2, B3, B5, B6, B12, Methionine, Choline, Inositol</i>	N/A	\$14⁰⁰
Deprex	<i>For Occasional Emotional Upset</i>	#60	\$28⁰⁰	Heart Savior	<i>6 Powerful Cholesterol Ingredients Plus 30 mg CoQ10</i>	#120	\$29⁹⁵
Nite rest	<i>For Natural, Sound Sleep</i>	#60	\$26⁰⁰	Nano Greens¹⁰	<i>Fruits & Vegetables to the Power of 10</i>	12.7 oz.	\$49⁹⁵
Omega XL w/ EPA & DHA	<i>A Powerful Essential Fatty Acid Combination</i>	#60	\$49⁹⁵				
Re-Flora	<i>Nutrients for Healthy Intestinal Flora</i>	#60	\$29⁹⁵				

Future Formulations, LLC	Description	Qty.	Price
Herbal Adrenal Support Formula™	<i>A Unique Herbal Formula to Strengthen the Adrenal Glands</i>	2 oz.	\$35⁹⁵
Adrenal C Formula™ Sustained Release	<i>Vitamin C Complex Uniquely Designed for Adrenal Support & Stress</i>	#150	\$34⁹⁵
Inner Healing™	<i>Natural Support for Repair & Improved Functioning of the Stomach & Intestines</i>	#90	\$31⁹⁵
Adrenal Rebuilder™	<i>Multiglandular Building Blocks WITHOUT HORMONES to Optimally Support Healthy Adrenal Structure & Function</i>	#150	\$64⁹⁵
Super Adrenal Stress Formula™	<i>Nutritional Support for Optimal Adrenal Output</i>	#150	\$44⁹⁵