

\*\*\*\*\* MYRTLE BEACH DIET PRODUCT MENU \*\*\*\*\*

**BOXED DINNERS \$4<sup>00</sup>**

- \_\_\_ Beef Stroganoff w/noodles
- \_\_\_ Chicken Ravioli
- \_\_\_ Chicken Pasta Tomato Parmesan
- \_\_\_ Five Bean Casserole
- \_\_\_ Gravy w/Beef Pot Roast
- \_\_\_ Green Pepper Steak
- \_\_\_ Pasta Fagioli
- \_\_\_ Spaghetti & Meatballs
- \_\_\_ Spicy Oriental Chicken w/Rice
- \_\_\_ Turkey Chili
- \_\_\_ Vegetable Beef Stew
- \_\_\_ Vegetable Lasagna

**HEALTHWISE BARS (Box = 7 bars) \$14<sup>00</sup>**

- \_\_\_ Caramel Brownie
- \_\_\_ Chocolate Peanut Butter
- \_\_\_ Double Chocolate Crispy
- \_\_\_ Double Peanut Butter
- \_\_\_ Lemon Meringue Crispy
- \_\_\_ Peanut Butter & Jelly Crispy
- \_\_\_ Peanut Caramel Delight
- \_\_\_ Rocky Road
- \_\_\_ Strawberry Cheesecake

**CONTROL BARS \$2<sup>25</sup>**

- \_\_\_ Apple Cinnamon
- \_\_\_ Chocolate Delight
- \_\_\_ Mixed Berry
- \_\_\_ Peanut Butter Chocolate D'light
- \_\_\_ Peanut D'light

**CONTROL CRISPS \$2<sup>00</sup> or 3/\$5<sup>00</sup>**

- \_\_\_ Honey BBQ
- \_\_\_ White Cheddar
- \_\_\_ Zesty Ranch

**PROTEIN BITES \$2<sup>00</sup> or 3/\$5<sup>00</sup>**

- \_\_\_ Taco Cheese
- \_\_\_ Sour Cream

**CARBRITE DIET BARS \$2<sup>25</sup>**

- \_\_\_ Chocolate Brownie
- \_\_\_ Chocolate Peanut Butter
- \_\_\_ Chocolate Mint Cookie
- \_\_\_ Cookie Dough
- \_\_\_ Frosted Cinnamon Bun
- \_\_\_ Raspberry Chocolate Truffle
- \_\_\_ S'mores
- \_\_\_ Toasted Coconut

**NANO GREENS**

- \_\_\_ 12.7 oz canister \$49<sup>95</sup>
- \_\_\_ Single Serve Pouch \$2<sup>00</sup>

**HIGH-PROTEIN SHAKES \$29<sup>00</sup>**

- \_\_\_ Chocolate
- \_\_\_ Vanilla

**SHAKE-UP DRINKS 0.7oz, \$2.25 or 6/\$12**

**Case: 96 bottles/\$192 (save \$24)**

- \_\_\_ Chocolate Drink
- \_\_\_ Chocolate Shake
- \_\_\_ Cran-Grape
- \_\_\_ Grapefruit
- \_\_\_ Kiwi Strawberry Twist
- \_\_\_ Lemon Razzy
- \_\_\_ Proticcino
- \_\_\_ Pineapple-Orange
- \_\_\_ Vanilla Shake
- \_\_\_ Wild Berry Splash

**ALL BOXED PRODUCTS \$10<sup>00</sup>**

**COLD DRINKS**

- \_\_\_ Chocolate Drink
- \_\_\_ Cran-Grape
- \_\_\_ Grape
- \_\_\_ Grapefruit
- \_\_\_ Lemonade
- \_\_\_ Lemon Razzy
- \_\_\_ Orangeade
- \_\_\_ Peach Mango
- \_\_\_ Peach Tea
- \_\_\_ Pineapple
- \_\_\_ Pineapple-Orange
- \_\_\_ Proticcino
- \_\_\_ Strawberry Kiwi
- \_\_\_ Variety Pack

**HOT DRINKS**

- \_\_\_ Amaretto Cappuccino
- \_\_\_ Cappuccino
- \_\_\_ Cinnamon Hot Chocolate
- \_\_\_ Hot Chocolate
- \_\_\_ Mocha Hot Chocolate
- \_\_\_ Raspberry Hot Chocolate
- \_\_\_ Vanilla Cappuccino
- \_\_\_ Hot Chocolate Variety Pack

**BREAKFAST**

- \_\_\_ Apples N' Cinnamon Oatmeal
- \_\_\_ Bacon & Cheese Flavored Omelet Mix
- \_\_\_ Plain Oatmeal
- \_\_\_ Maple N' Brown Sugar Oatmeal

**SOUPS**

- \_\_\_ Beef Bouillon
- \_\_\_ Chicken Bouillon
- \_\_\_ Cream Of Mushroom
- \_\_\_ Tomato

**SHAKES/PUDDING**

- \_\_\_ Aloha Mango Smoothie
- \_\_\_ Berry Delicious Smoothie
- \_\_\_ California Strawberry
- \_\_\_ French Vanilla
- \_\_\_ Strawberry-Banana
- \_\_\_ Swiss Chocolate
- \_\_\_ Tropical Banana
- \_\_\_ Variety Pack

**SUGAR-FREE CHOCOLATE \$3<sup>00</sup>**

- \_\_\_ Dark Chocolate w/Almonds
- \_\_\_ Milk Chocolate
- \_\_\_ Mint Chocolate
- \_\_\_ White Chocolate

**FACE AND BODY**

- \_\_\_ Belly Slim & Tone Cream \$42<sup>00</sup>
- \_\_\_ Sun Drench Tanning Spray \$24<sup>00</sup>
- \_\_\_ Saliva Sure \$12<sup>00</sup>

**OBAGI SKIN REJUVINATION & REPAIR**

**NU-DERM SYSTEM**

- \_\_\_ Gentle Cleanser \$36<sup>00</sup>
- \_\_\_ Foaming Gel \$36<sup>00</sup>
- \_\_\_ Toner \$36<sup>00</sup>
- \_\_\_ Clear (Rx) \$91<sup>00</sup>
- \_\_\_ Exfoderm \$62<sup>00</sup>
- \_\_\_ Exfoderm Forte \$62<sup>00</sup>
- \_\_\_ Blender (Rx) \$87<sup>00</sup>
- \_\_\_ Sunfader (Rx) \$71<sup>00</sup>
- \_\_\_ Phys. UV Block SPF32 \$42<sup>00</sup>
- \_\_\_ Healthy Skin SPF32 \$44<sup>00</sup>
- \_\_\_ Eye Cream (Tube) \$52<sup>00</sup>
- \_\_\_ NuDerm Travel Kit \$210<sup>00</sup>
- \_\_\_ ELASTIderm Eye Cream \$95<sup>00</sup>
- \_\_\_ ELASTIderm Eye Gel \$95<sup>00</sup>

**OBAGI TRETINOIN (Rx) 20g**

- \_\_\_ 0.025% \$56<sup>00</sup>
- \_\_\_ 0.05% \$59<sup>00</sup>
- \_\_\_ 0.1% \$68<sup>00</sup>

**OBAGI PROFESSIONAL-C SERUM**

- \_\_\_ 15% \$79<sup>00</sup>
- \_\_\_ 20% \$99<sup>00</sup>

**OBAGI-C Rx SYSTEM**

- \_\_\_ C-Exfoliating Day Lotion \$58<sup>00</sup>
- OBAGI CLENZIderm M.D.**
- Daily Care Foaming Cleanser \$34<sup>00</sup>
- Pore Therapy \$34<sup>00</sup>
- Serum Gel (5% BPO) \$70<sup>00</sup>
- CLENZIderm Starter Set \$130<sup>00</sup>

**BOOKS**

- \_\_\_ *Breakthrough* \$25<sup>00</sup>  
by Suzanne Somers
- \_\_\_ *HRT: The Answers* \$17<sup>95</sup>  
by Pamela Smith, M.D., M.P.H
- \_\_\_ *Adrenal Fatigue* \$14<sup>95</sup>  
by James Wilson, N.D., D.C., Ph.D.
- \_\_\_ *The Official Anti-Aging Revolution* \$22<sup>95</sup>  
by Ronald Klatz, M.D., D.O. &  
Robert Goldman, M.D., Ph.D., D.O.,  
F.A.A.S.R.
- \_\_\_ *Menopause & Natural Hormones* \$19<sup>95</sup>  
by Dr. David Rosensweet
- \_\_\_ *The Body Toxic* \$15<sup>00</sup>  
by Nena Baker
- \_\_\_ *Healthy Eating*  
by Dr. Susanna Holt

**OUR MOST POPULAR SUPPLEMENTS**

**LIFE EXTENSION**

- \_\_\_ Two Per Day Multivitamin \$18<sup>95</sup>

**PREPACKAGED DAILY SUPPLEMENTS**

- \_\_\_ Brain Packs \$5/day or \$31/week
- \_\_\_ Sleep Packs \$1<sup>50</sup>/day
- \_\_\_ Lipo-B Multivitamin Injection \$14<sup>00</sup>

**ADRENAL FATIGUE**

- \_\_\_ Adrenal Rebuilder (#150) \$55<sup>95</sup>

**HORMONE BALANCE**

- \_\_\_ Progensa 20 \$39<sup>95</sup>

*For a complete list, please see our complete Supplement Menu. All products are available online at*

[www.myrtlebeachdiet.com](http://www.myrtlebeachdiet.com)

